

Have an interest in Sports Medicine?

- This pathway will give you an idea about what employment is like in fields relating to injury assessment, injury prevention, physical therapy, or rehabilitation.
- Throughout the three courses of the pathway you will learn about employability skills, terminology, kinesiology, patient assessment, record keeping, and basic life support.
- It is a fast-growing health care field, because health workers who specialize in sports medicine, help many “regular” people as well as athletes.



HOSA Future Health Professionals provides a unique program of leadership development, motivation, and recognition exclusively for secondary, postsecondary, adult, and collegiate students enrolled in health science education and biomedical science programs or have interests in pursuing careers in health professions. HOSA is 100% health care!

HOSA is the Career Technical Student Organization (CTSO) for this pathway. Students will have opportunities to compete with other schools in the state and nationally. This CTSO also serves as a networking platform for students and offers scholarships for college.



HEALTHCARE - SPORTS MEDICINE PATHWAY

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Introduction to Healthcare Course 1

In Introduction to Healthcare, students will learn the fundamentals of being in the healthcare field. Topics such as careers, medical law and ethics, wellness, infection control, teamwork, communication, which includes medical abbreviations and terminology. Additionally, students have the opportunity to become certified in American Heart Association CPR and First Aid. Students will engage in hands-on learning by practicing healthcare skills such as how to safely apply personal protective equipment like gloves, masks and medical gowns.



Essentials of Healthcare Course 2

In Essentials of Healthcare, students will learn about the structure and function of every body system. This course is a human anatomy and physiology course and also provides a science credit.

Students will engage in hands-on learning by practicing skills related to the body systems such as taking a patient's temperature, pulse, and blood pressure. Additionally, to learn the body systems, students use anatomy in clay to build a human model over the course of the semester.



Sports Medicine Course 3

Sports medicine focuses on helping people improve their athletic performance, recover from injury and prevent future injuries. It is a fast-growing health care field, because health workers who specialize in sports medicine, help many “regular” people as well as athletes.

Students will engage in hands-on learning through evaluation of injuries, application of therapeutic modalities, and rehabilitation of athletes. Students will also have the opportunity to engage in taping of injuries or prevention of injuries through wrapping and taping.

